



REMINDERS SEEKING SUBMISSIONS!

⇒ **2020 AWARD NOMINATIONS**
CLOSED

⇒ **2021 AWARD NOMINATIONS**
OPEN NOW!

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CHRONICLE MONTHLY

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HAVE YOU REGISTERED YET??

Insurance available for any cancellations.
Contact Smiles at Sea Today for your quote!

We are aware of the difficulty with membership renewal and are working on updating the website.

Hey Lady Dentist!

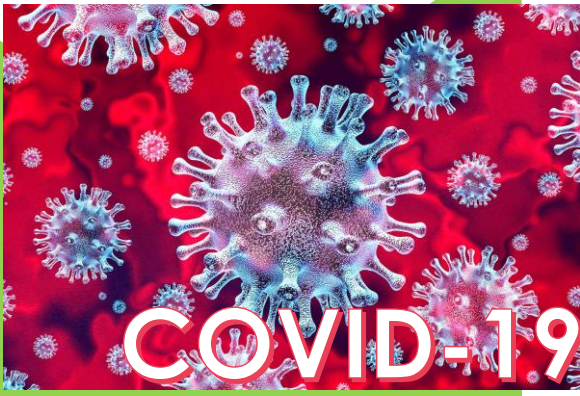
United we stand as a group of successful, educated women.

We applaud all your strengths and accomplishments. We know that you hold yourselves to the highest level of professionalism.

AAWD continues to support and celebrate all our members.

As always, share your thoughts with us via email or social media @womendentists.





Dr. Maria Maranga shares her personal experience with COVID-19.

COVID-19 AFFECTS ALL OF US!

It was March 23rd and for the next 15 days I would have moderate to high fever with body pains like never before. I tried to sleep at night but the coughing and wheezing was terrible. My husband, (a P.A.) listened to my lungs daily until the morning I received that call from the department of health that confirmed I indeed had Covid. That moment was scary, almost as scary as when I was diagnosed with breast cancer 15 years earlier. I was prepared though; the chest xray in the hospital when I had the nasal swab test already showed the E.R. docs that I had bi-lateral pneumonia.

Covid is a lonely disease. No one is allowed near you. My husband left my food initially outside of the bedroom door, but I quickly became too ill to get out of bed. Not having much information on the disease itself was the most frightening part I believe. A few days later I called over to my church to have confession over the phone, and even the priests, men of strength were scared. Again I was alone. The doctors insisted that I switch OTC meds to Tylenol every 4 hours. It would only last for 2 hours then the fever and pain came back. I passed the days of barely lifting my head alone in my bedroom, a place where I always felt safe. I struggled to go to the attached bathroom and upon returning to bed, I was completely out of breath. I was again scared to think that I might not get better and end up back in the hospital like several people I knew. I binge watched old episodes of Criminal Minds past midnight just to stay awake and alive.

The hardest part was not telling my parents who were staying with my sister in New Jersey during the pandemic. We pretended that I was sleeping or in the shower when they called my house. I agreed though with my sister to keep the Covid information away from them. It was very hard to not tell my mom, she would be very upset that I was so far away and that she couldn't help. In the middle of this, my assistant decided NOT to go into the office, so all calls were coming to my cell phone. As a specialist it was extremely hard to tell patients and referrers that I was not seeing any patients yet. (A white lie that I had to keep to myself.) I ended up losing 2 referrals even after when I recovered with an explanation.

In the middle of my struggle, friends were telling me to apply on my I pad for PPP monies and such. I couldn't care less at that time. After 4 weeks I relapsed with Covid (no fever this time) but then got shingles from being so immune suppressed. The post Covid oddities that we hear about on the news or in medical papers continue for me even now. Strange brain fog appears to be common to among survivors too. But I'm still here, still fighting an enemy that will not let up in many parts of our country.

We cant give up, cant give in. We will win this war against Covid. We as dentists have been the experts on PPE for years and we should rely on that knowledge when we prepare ourselves each day in our offices. PPE works! Now if only the insurance companies would help us pay for it. Please remind everyone, wear your masks.



August 1st was NATIONAL GIRLFRIEND'S DAY!
Can you match these AAWD members & their galpals?



Dr. Brittany Bergeron



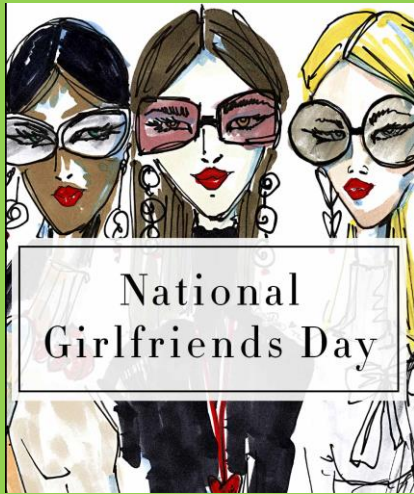
Dr. Valencia McShan



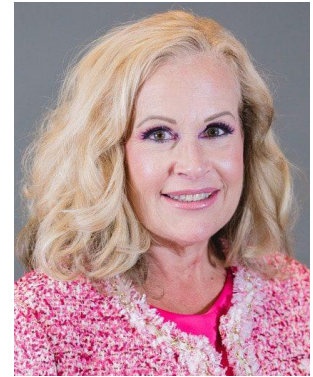
Dr. Maria Maranga



Dr. Lauren Aguilar



Dr. Daphne Ferguson-Young



Dr. Sharon Pollick

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