THE CHRONICLE MONTHLY

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highligh We are seeking a President-Elect for the 2022-2023 Board of Directors! Apply today! ΑAλλD "Love is the only force capable of transforming an enemy into friend." **Peace for Ukraine** NOMINATIONS ARE NOW OPEN FOR THE 39TH ANNUAL AAAD Lucy Hobbs Taylor Award @womendentists

ORAL CANCER: WHEN A DENTIST DIES OF ORAL CANCER



Authored by Dr. Parul Dua Makkar

Submitted by Dr. Maria Maranga, AAWD Director of Membership and Chapters

"Oral Cancer is a preventable form of Cancer. We, as dental professionals, are on the forefront of its detection and diagnosis. The oral cavity is the gateway to overall health...

...I stress the importance of early diagnosis and screenings for patients, because this cancer is preventable and treatable if caught in time. My brother, Manu had such a persistent lesion on the left border of his tongue. It was painful, non-healing for months. He didn't possess the traditional risk factors, he was healthy, young male, non-smoker. He was at the prime of his life with a thriving start-up practice in Calgary, Canada. Manu had shown me his tongue lesion in June 2019, but was under the care of Oral Surgeon, who presumed it was Lichen Planus as Manu was not someone susceptible to Oral Cancer. Manu was prescribed prednisone for a month with no change in the lesion. Finally, biopsy was done in July 2019 with a diagnosis of SSC of the tongue, Stage 2. He subsequently had a hemiglosstecomy where half his tongue was removed and grafted from his left arm as well as a skin graft from his thigh. He also had lymph nodes removed from the left neck. This entailed an 8-hour surgery and he was back at work in October. He relearnt how to eat, chew, talk again. He had numbness at times on his left arm, he had mental fogginess and would get tired easily. However, he didn't receive any chemo therapy or radiation. The cancer reappeared in April 2020 with chest CT scans showing a small ground glass opaque lesion. He subsequently went through another surgery followed by 33 rounds of chemo-radiation. Manu had since sold his practice and focused on healing.

Unfortunately, by December 2020, he was admitted for shortness of breath. He had fluid buildup in his lungs and the cancer was spread into his lung lining, making it inoperable. PET scans showed that the cancer had metastasized to his pelvic bone. Time was limited. He had a pulmonary effusion and a port placed to drain fluid. He would drain close to 1 L a day. The next months proved to be very taxing. My brother was an active man, played Rugby, won awards for badminton, was unable to even walk. He had labored breathing, unable to eat certain foods. I did get to see him in December of 2020, unknowing that it would be the last time I would see him alive. He was getting a combination of chemo, radiation and immunotherapy. As the cancer progressed, new lesions appeared. March 2021, he advised me that he was getting more radiation for a new chest mass. The mass had been biopsied and was positive for SSC. On March 12th he was admitted for unilateral ankle swelling and shortness of breath. He had a pulmonary embolism, and within a day went to organ failure. I was unable to make it in time, due to PCR testing, and said goodbye to him while he was sedated via video call. He passed away March 14th 2021 in hospice with our parents by his side..."

Dr. Parul Dua Makkar graduated from University of Central Oklahoma, Magna Cum Laude with a Bachelors in Science. She then graduated from University of Oklahoma, College of Dentistry with a DDS in 2003. She worked in private practice in Calgary, AB, Canada. In 2006 she moved to New York and did 1-year GPR at Staten Island University Hospital, New York. She currently has a private practice in Long Island, NY where she resides with her husband and 2 sons. She is also the recipient of the Denobi Awards for her contribution to Dentistry.

To read the full length article please request a copy by emailing aawdchronicle@gmail.com

The Proud Legacy of Gillette Hayden Continues

Maxine Feinberg DDS

Dr. Gillette Hayden was most certainly a pioneer as a woman in dentistry in the early part of the twentieth century. She was truly a maverick, one who faced any and all challenges with dignity and aplomb that distinguished her even among her male colleagues. She served as the third President of AAWD.

Dr. Hayden was born into a family of dentists; her paternal Grandfather was one of the founders of the first dental school in the United States, Baltimore College of Dentistry. She came naturally to a sense of activism from her mother, a fervent supporter of the Women's Suffrage Movement, a cause that she would also support. She lent her dental office to supporters of the National Women's Party to help ensure the passage of the 19th Amendment giving women the right to vote,

As a periodontist, I appreciate the fact without Dr. Hayden and Dr. Grace Spaulding, the 6th President of AAWD, the recognition of the specialty of Periodontics might not have been achieved. In fact, they founded the American Academy of Periodontics, a feat that would have been impressive in any time period, but was remarkable in the context of the early 1900s.

Dr. Gillette Hayden was a humanitarian and philanthropist who still continues to serve as a role model to all who know her story. Her untimely death in 1929 left a void in the lives of all who knew her, especially among her friends and colleagues at AAWD. In response to her dedication and philanthropy and as a tribute to her many accomplishments, in 1930 the AAWD established The Gillette Hayden Fund, the precursor to the Gillett Hayden Memorial Foundation. Early on it was used to provide scholarships to deserving female dental students. Over time it has evolved to where we are today, finding innovative ways to honor Dr. Hayden and help women dentists succeed in all areas of our profession, continuing to provide grants to help women obtain the skills they need to succeed in areas like private practice and academia.

As the first Foundation under the AAWD umbrella, we are proud to continue the mission started by our distinguished predecessors 90 years ago.



Sincerely Yours, Maxine Feinberg, DDS

Dr. Feinberg is a practicing Periodontist in Cranford, New Jersey who was the third women to serve as ADA President and the first women dentist to serve as President of the New Jersey Dental Association. She is currently serving on the Board of the Gillette Hayden Memorial Foundation, Donated Dental Services of New Jersey, the CDCA/WREB and is a CODA Commissioner. Dr. Feinberg is also a Delegate to the FDI World Dental Congress and an advisor to the Alliance for Oral Health Across Boarders.



The legacy of Leadership Dr. June Warren Lee Fund

Please sponsor a future leader of the American Association of Women Dentists by donating to the June Warren Lee Fund.





THIS YEAR THE GILLETTE HAYDEN MEMORIAL FOUNDATION WILL BE OFFERING TWO INAUGURAL SCHOLARSHIPS:

THE GILLETTE HAYDEN MEMORIAL FOUNDATION/AAWD/ADEA WOMEN DENTIST FACULTY TUITION SCHOLARSHIP FOR PROFESSIONAL DEVELOPMENT, SUPPORTING WOMEN DENTISTS IN ACADEMIA.

THE GILLETTE HAYDEN MEMORIAL FOUNDATION PRACTICE MANAGEMENT SCHOLARSHIP FOR WOMEN DENTISTS IN PRIVATE PRACTICE SERVING IN A HEALTH PROFESSION SHORTAGE AREA (HPSA).

TO APPLY OR TO DONATE, PLEASE VISIT THE GILLETTE HAYDEN MEMORIAL FOUNDATION WEBSITE.



Exciting things are on the horizon! We know life after graduation can get crazy and we don't want to lose touch! Take a few minutes to complete this short survey and receive a graduation gift from AAWD! Click **HERE** to take the survey!



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APRIL

National Volunteer Month
Sexual Assault Awareness Month
Oral Cancer Awareness Month

- 1: Lucy Hobbs Taylor Award Opens
- 2: Ramadan Begins
- 7: World Health Day
- 15: Passover Begins
- 22: Earth Day
- 28: Take your daughter to work day

MAY

National Mental Health Month National Pet Month National Save Your Tooth Month

3: Part 1 Get FIT Webinar

- 7: Kentucky Derby
- 21: Armed Forces Day

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MEMBER BENEFIT



Hopetown Dental Lab is a state-of-the-art digital dental laboratory located in Ft. Worth, Texas. They originally partnered with AAWD in 2019 offering excellent customer service and a HIGHLY competitive fee schedule that is exclusive to AAWD members.

In their words:

"Our team of experienced technicians handle each case with full attention and care from start to finish. We use the best materials available, state-of-the-art equipment, and with our well executed systems, you are guaranteed consistency. We live for the happiness and success of our customers and we love building those relationships.

We also take a lot of pride in being "THE LAB THAT THINKS LIKE DENTISTS". Each and every day we work with and train our staff to see each case through the eyes of the clinical team, and recognize the struggles that can occur chair-side. This mantra helps us to better serve our customers and produce restorations that take the least amount of chair-time to deliver."

"We are very excited to earn your trust and build a relationship for years to come!"

