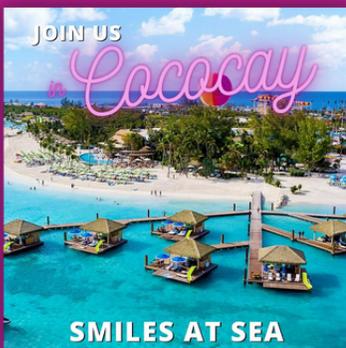


THE CHRONICLE MONTHLY

THE OFFICIAL PUBLICATION OF THE AMERICAN ASSOCIATION OF WOMEN DENTISTS

highlights



@womendentists

SPOTLIGHT: 40 UNDER 40 AWARD

Join us in recognizing AAWD member and SFS secretary/treasurer Dr. Kadambari Rawal as the only dentist recipient of the 2022 Boston Congress of Public Health's 40 under 40 award!



The inaugural 40 Under 40 Public Health Catalyst Award aims to highlight the rising leaders and innovators of the public health field. The Boston Congress of Public Health (BCPH) and the Harvard Public Health Review Journal selected a group of "leaders, entrepreneurs, researchers, scientists, and activists" who will inspire the next generations of public health workers to change the world. The individuals featured for this award have not only shown excellent work performance and an extensive academic history, but have also brought innovative solutions to public health issues around the world.

Dr. Kady offered advice to young dental professionals just beginning their careers:

Dental Medicine is a diverse field. If someone had told me when I was starting dental school that one day I'd be treating centenarians by day, teaching and getting published by noon, and serving on the board of various dental organizations by evening – I'd think they were crazy! Each professional journey is unique and it is what one makes of it. Refuse to be boxed in by definitions. Disruptors make great leaders and often create their own success stories.



[Click Here to read the full article from the Boston Congress of Public Health](#)

[Click Here to read Dr. Kady's interview with the New York Post!](#)



AAWD Board of Directors

Seeking Secretary/Treasurer

Everyone needs a support system of individuals who both understand their struggles and support their endeavors. For 100 years, AAWD has offered that support system to women dentists. We are looking for women to advance and support AAWD's mission of being the leading resource for advancing, connecting, and enriching the lives of women dentists by serving on the Board of Directors.

Are you early in your career? Considering opening your own practice one day? Looking to build your resume? Serving on the AAWD Board of Directors as Secretary/Treasurer can provide valuable experiential training in managing organizational record keeping, governance, and finances. A significant benefit of AAWD board service is the support and training provided by management staff. The secretary/treasurer will receive onboarding training on the financial side of the organization and continuous support throughout her term.

Responsibilities of the Secretary/Treasurer position include chairing the Gillette Hayden Memorial Foundation Committee (one of two AAWD philanthropies) and Bylaws Committee; reviewing and updating AAWD bylaws, constitution, and procedure manual; establishing and maintaining AAWD budget (with support from staff); and assisting with financial reporting to the Board.

Build your leadership skills and resume while working alongside other passionate women dentists to provide a meaningful support system to women dentists across the country!

[Click Here to Nominate!](#)



Not your Grandma's Meatloaf



Busy women need quick but still tasty meals, especially during the back-to-school rush. This meatloaf makes for great leftovers! Mix it up, stick it in the oven, and relax. An hour later, you'll have a savory, cheesy meal that pairs great with a salad, mixed veggies, mashed potatoes, and more! Use the leftovers to make meatloaf sandwiches for a hearty next day lunch!

INGREDIENTS

- 3 lbs ground meat (pork, beef, veal, or a mixture)
- 3 cups shredded swiss (divided)
- 1 egg
- 1 small onion, diced
- 1/4 cup pickle relish
- 1/4 cup Russian or Thousand Island dressing
- 1 tbsp Worcestershire
- Sauerkraut
- Salt and Pepper to taste

HOW TO PREPARE

1. Preheat oven to 350
2. Mix meat, 1 cup swiss, egg, onion, relish, dressing, Worcestershire, salt, and pepper until combined (don't overmix)
3. Spread mixture evenly on a sheet of wax paper and roll out until flat.
4. Cover meat with sauerkraut and remaining cheese.
5. Use the wax paper to roll into a loaf; place in loaf pan or baking dish.
6. Bake 50 minutes to 1 hour
7. Optional: top with more cheese for the last 5 minutes of baking

Smiles for Success provides free oral care to women to help meet their health needs and boost their self-esteem. Since the foundation's establishment in 1995, the organization has partnered with women enrolled in job readiness programs across over 30 states.

The Smiles for Success board has set its sights on Pensacola and is planning to establish its first community clinic locally with a goal of serving about 300 women per year.

"We are going to have our own dental unit so that we can have the dentists come there and see the patient," Dr. Mary Martin, SFS President, said. "Hopefully within a year we'll have that setup, because we've got the patients, we've got the programs. We had a couple of dentists volunteer, but they couldn't see the patients in their place of work. So, we're going to have to set up a dental operator."

Once in full swing, the private practice program will recruit female dentists from the American Association of Women Dentists to work pro-bono at the Smiles for Success clinic. Historically, willing dentists would take on patients out of their own offices. However, Pensacola will be the first city to have its own practice for the dentists to use and will serve as a model for other cities that use the program, such as Boston, Austin and Denver.

[Read the full Pensacola News Journal Article Here!](#)

[Learn More About Volunteer Opportunities with SFS!](#)

[Support a Smile with a donation!](#)



Celebrate National Tooth Fairy Day!

National Tooth Fairy Day occurs twice a year to reflect the recommended twice a year dental check-up. Inspire your young and adult patients alike to maintain their oral health by celebrating Tooth Fairy Day on August 22nd!

[Click here to download the AAWD tooth fairy coloring packet!](#)

Don't Miss Out on AAWD's Anniversary Cruise!



SMILES AT SEA

NOVEMBER 4-7, 2022 | PORT FT. LAUDERDALE

Experience the Magic of the Liberty of the Seas

Bon Voyage! The newly amped Liberty of the Seas® delivers a maxed out adventure in just a few short days!

- Take on record-breaking thrills, like the longest waterslide at sea
- Soak up bigger, bolder, splashier pool days
- Swap going out for going all-out with next-level nightlife and new dining for every craving

➔ Interested? [Click Here to view the itinerary and register!](#)

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Scholarships

Supporting the future of women dentist
leadership in the American Association of
Women Dentists and the Dental Profession.



2022 Practice Management Scholarship

Our goal for this scholarship is to support a woman dentist practice owner who meets the eligibility requirements as listed in the application below, in their efforts to learn the business of dentistry. At the same time encourages applicants to practice in a health profession shortage area (HPSA). The scholarship awardee will receive eight (8) - one (1) hour sessions with Shelly Short of ZumWohl Consulting, Zum!! Simple Solutions for Sustainable Success. Each session will be via Zoom and will be recorded for the awardee to review and use in the future with new staff or associates. Some of the topics that will be covered are - Workflows, Marketing, Leadership Development Coaching, Creating a Positive Work Culture, Dental Economics 101, Team Meetings, Hiring, Scheduling and Stress Control to name a few. You will receive a follow-up report after each session and a review at the beginning of the next session.

[Application Open until November 1, 2022! Apply Here!](#)

MEMBER BENEFIT

spotlight

Juno uses the power of group buying to help people get lower interest rates on new student loans and student loan refinancing. They help thousands of people nationwide save on their student loans, and tackle student debt with a plan that works. This free resource has changed the lives of so many who struggle with the rising costs of higher education. Let them help you!

Deals we think you'd love:

- Undergraduate loans: For undergrads who've hit the caps on Federal Student Loans. Our deal takes off 1% on interest (ex. 5% ->4%) & has no origination fee.
- Graduate loans: A good alternative to Federal Loans for people with good credit or a co-signer. All graduate deals feature cashback rewards.
- Refinance loans: Best for people with a steady income. Depending on borrower location & occupation, we'll recommend the best option. Most deals feature cashback or a rate reduction.
- International health insurance: For those looking for a cheaper alternative to signing on with a university's mandatory insurance plan.

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