



THE CHRONICLE MONTHLY

THE OFFICIAL PUBLICATION OF THE AMERICAN ASSOCIATION OF WOMEN DENTISTS

Volunteers needed

highlights

MEET THE AAWD BOARD
DR. SAMANTHA PARAD
 Director of Corporate Relations

MEET THE AAWD BOARD
DR. VASILIKI MASELI
 Director of Member Benefits

MEET THE AAWD BOARD
DR. JOSEPHINE CARAPEZZA
 Director of Member Engagement

MEET THE AAWD BOARD
BRITTANY GEHLHAUSEN
 Student Representative

She believed she could... **AAWD**

CONGRATS GRADUATES!

...and she did!

smiles for success **AAWD**

Remember Your Why

VOLUNTEER WITH SMILES FOR SUCCESS

@womendentists

FOR MENTAL HEALTH AWARENESS MONTH - TEACH YOUR PATIENTS THAT DENTAL CARE IS SELF CARE

We all know that dental care is essential for maintaining good oral health, but have you considered how it can also be an act of self-care for your patients? Encouraging patients to view dental care as a form of self-care can lead to more positive health outcomes and a greater sense of well-being.

As dental professionals, we understand the importance of maintaining good dental hygiene and attending regular checkups. We know that brushing, flossing, and routine cleanings can prevent tooth decay, gum disease, and other dental problems. However, it is important to communicate to our patients that these practices are also acts of self-care.

By prioritizing their dental health, patients are taking steps to prevent pain and discomfort, boost their confidence, and improve their overall health. We can encourage our patients to view dental care as self-care by explaining the benefits of regular checkups and cleanings, and addressing any dental concerns they may have. We can also emphasize the importance of maintaining good dental hygiene at home, including brushing twice a day, flossing daily, and using mouthwash.

By encouraging our patients to prioritize dental care as an act of self-care, we can help them feel empowered to take control of their oral health and improve their overall well-being.

Let's work together to promote the idea that dental care is an important aspect of self-care and encourage our patients to take care of their smiles for a lifetime of healthy, happy teeth and gums.

Share, share, and share some more! Use Mental Health Awareness Month as your content guide and share self-care messages on social media. Click the graphics above to get these social media templates and customize them with your practice's logo!

AAWD
 American Association of Women Dentists

DENTAL CARE IS SELF CARE

- MAINTAINS HEALTH AND WELLBEING
- FLOSSING IS A MOUTH MASSAGE
- PROMOTES HAPPINESS AND CONFIDENCE
- SMILING IS A STRESS RELIEVER IN ITSELF!

BE GENTLE WITH YOURSELF

BE KIND TO YOUR MIND

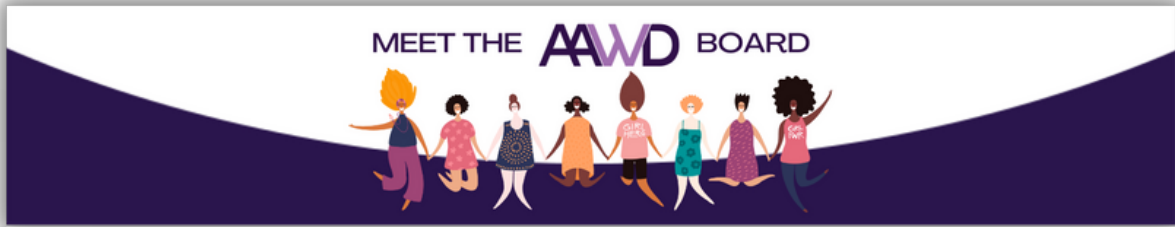
NOTE TO SELF:

Self-care isn't selfish,
 IT'S AN ACT OF LOVE TOWARDS YOURSELF.

IT'S OKAY TO ASK FOR HELP


AAWD
 American Association of Women Dentists

REACH OUT FOR SUPPORT



Dr. Vasiliki Maseli

Dream Superpower: teleportation



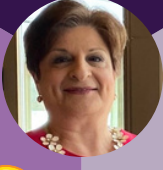
Most used emoji: 😊

Dream Convo: My grandmother

Director of Member Benefits

Dr. Josephine Carapezza

Dream Superpower: teleportation




Most used emoji: 😂

Dream Convo: Madeline Albright

Director of Member Engagement

Dr. Samantha Parad

Dream Superpower: Precognition




Most used emoji: 😊

Dream Convo: Dr. Paul Farmer

Director of Corporate Relations

Brittany Gehlhausen

Dream Superpower: teleportation



Most used emoji: 😊

Dream Convo: Queen Elizabeth

Student Representative

BU Chapter Hosts its Annual Spring Brunch

By Teresa Reis, BUAWD Social Media Chair

On Sunday, April 2nd, 2023, the Boston University chapter of AAWD gathered for their Annual Spring Brunch event. The topic of this year's discussion was Women in Business, and three dentists who own their practice/s were present as guest speakers.

Our three guest speakers were Dr. Yuko Torigoe, Dr. Jade Pedersen, and Dr. Rosario Alvarez. Dr. Torigoe is a BU alumni who, after working as an associate for over a decade, decided to open her own practice after discovering her passion for holistic dentistry. Dr. Pedersen is also a BU alumni who had the opportunity to buy two Aspen Dental practices after working for a few years for one of their offices in Boston. Dr. Alvarez owns her private practice and is a general supervising faculty for the treatment center at BU. In addition to the three panelists, Dr. Roya Zandparsa, AAWD President-Elect was also present and shared her career experience as a woman in dentistry.

Attendees had the amazing opportunity to learn first hand about the speakers' experiences and endeavors as practice owners and women in business. We were thrilled to be joined by our BU AAWD student board (President: Kristen Forehand, DMD 2023; Treasurer: Amber Pulikowski, DMD 2023; Community Service Chair: Aisha Daigle, DMD 2025; Social Media Chair: Teresa Reis, DMD 2025; Public Relations Chair: Fiona Kerthi, DMD 2024) along with our faculty advisors Dr. Kadambari Rawal and Dr. Vasiliki Maseli during our Annual Spring Brunch and are excited to host more events like this!



April is Global Volunteer Month

Celebrating Global Volunteer Month

April marks Global Volunteer Month, a time to celebrate the selfless individuals who dedicate their time and energy to serving others. Volunteering is a powerful way to make a difference in the world, and it offers numerous benefits for both the volunteers and the communities they serve.

Volunteering allows individuals to use their skills and expertise to make a positive impact in their communities, and it offers a chance to connect with like-minded individuals who share a passion for service. Volunteering offers a chance to develop your skills, gain hands-on experience with unique patient populations, and give back to your community in a meaningful way.

We encourage you to consider volunteering during Global Volunteer Month and beyond. Together, we can make a difference in the world and create positive change in the communities we serve.

Smiles for Success Foundation

This Global Volunteer Month, Smiles for Success thanks our volunteer dentists who serve deserving women across the country. SFS takes so much joy in giving smiles back to women preparing to enter or reenter the workforce.

With each patient, SFS empowers women to move into the next phases of their lives with confidence. Thank you to all of our volunteers and to each of you for supporting the SFS mission and enabling us to improve access to care one patient at a time.

Ready? Click here to complete the [SFS Volunteer Interest Form](#)

Thank you to our volunteer dentists!

Dr. Karessa Kuntz
Dr. Divya Mudumba
Dr. Megan Todd
Dr. Gina Gomez

Dr. Amanda Kotis
Dr. Lauren Massey-Williams
Dr. Kate Hakala
Dr. Bronwyn Hagan

New Volunteer Alert!

Dr. Megan Todd

Dr. Todd joined AAWD and the SFS Program as a Volunteer in 2023! Dr. Todd has already played a large role in helping SFS establish its program in the Pensacola area and connecting SFS to local volunteers and resources. Thank you, Dr. Todd, for your service to AAWD and SFS!



Donate to SFS!



Welcome New Members!

AAWD is Growing! Say hello to our newest members!

Dr. Lois Lagier
Dr. Sara Bailey
Dr. Ane Poly da Rocha
Dr. Erica King
Dr. Ana Cristina Andrada
Dr. Brandi Hair
Dr. Mimi Johnson
Dr. Nicole Muelleman

Dr. Kathryn Pawlak
Dr. Cherie Murray
Dr. Tracey Christian
Dr. Christine Hong
Dr. Gabriela Lagreca
Dr. Elise de Latour
Dr. Erica Beaty

Upcoming Events

MAY

Mental Health Awareness Month

Graduation Month

14: Mother's Day

TBA: Self-Care Workshop

TBA: Educational Webinar

We want to hear from you! What events would you like to see AAWD host? [Click here to share your feedback!](#)



Attention Graduates!



With graduation approaching in May, AAWD wants to make sure we can keep in touch and continue to support you as you begin your career. Please click below to complete the 2023 Senior Sendoff Survey. We know each of you is moving into the next exciting phase of your career, and AAWD is eager to continue to support you in whatever that next phase looks like. We look forward to seeing all the amazing things you do in the future!

[Take the survey here!](#)

Want to be featured or recommend someone as the next member or chapter spotlight? [Click here to submit to the next edition!](#)



Promote the Future of Women in Dentistry



[CLICK HERE TO DONATE TODAY!](#)



Looking to shop?
Check out our
preferred vendors!

MEMBER BENEFIT

spotlight

ARMOIRE

There's no better time to celebrate our partnership with Armoire Clothing Rental than Women's History Month! Armoire is founded by women, for women. Their clothing caters to the working dentist, boss lady, mother, mother-to-be, and the week adventurer. As a member of AAWD, you can subscribe to Armoire's wardrobe rental service at a 50% discount on any plan!

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ARMOIRE



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MCC
MERCHANT COST
CONSULTING



HOPETOWN
DENTAL LAB

FOR WOMEN, BY WOMEN



AMBIKA SINGH
FOUNDER + CEO

“

"I've been sharing clothes with the women in my life since as long as I can remember. As a female powered company ourselves, we're committed to supporting other boss ladies. Armoire carries a growing number of female founded brands, started by creative, driven women just like you."

Armoire is tailor-made for the professional busy woman, providing her a wardrobe to telegraph her sense of power and self, in a minimal amount of time. Simply sign up, tell them your style and fit preferences, and pick your favorite pieces, then exchange them on your schedule. Shipping, cleaning, & styling included. The unique combination of their sophisticated algorithm, and high-touch personalized service, ensures you will consistently look composed, stylish, professional, and powerful.