THE CHRONICLE MONTHLY

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highlights



Info!

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A message from the Board Isabel Rambob, DDS, AAWD President

As we enter 2024, I am honored to extend my warmest wishes to each and every member of the American Association of Women Dentists (AAWD). The dawning of a new year brings with it a sense of renewal, opportunity, and the promise of exciting possibilities. The year 2024 holds great promise for the AAWD, and it is my privilege to share some thoughts on the direction we envision and the collective spirit that will propel us forward.

Fostering Professional Growth: One of our primary goals for the new year is to continue fostering the professional growth of our members. The dental landscape is evolving, and as women in dentistry, we play a crucial role in shaping its future. Through our workshops, webinars, and networking events, as well as the return of the AAWD Annual Conference, we aim to provide valuable insights, skills, and support to empower each member on their professional journey.

Building Stronger Connections: The strength of our organization lies in the unity and camaraderie among our members. This year, we are dedicated to creating more opportunities for connections, collaborations, and mentorship within the AAWD community through our new AAWD Member Portal and mobile app. Let's leverage our collective wisdom to uplift and inspire one another, forging bonds that will stand the test of time.

Prioritizing Wellness: The AAWD is committed to supporting our members in achieving a harmonious work-life balance. Look forward to wellness-focused events, resources, and discussions that address the holistic health of our community. Remember, a healthy practitioner is an empowered practitioner, ready to make a positive impact on both their patients and the profession.

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Advancing Diversity and Inclusion: The AAWD has always been a champion of diversity and inclusion. In 2024, we renew our commitment to fostering an environment that embraces and celebrates the rich tapestry of backgrounds, perspectives, and experiences within our membership. Together, we will continue to break barriers and pave the way for a more inclusive future in dentistry.

Looking Ahead: The coming year is a canvas waiting to be painted with the vibrant hues of our collective efforts. I am confident that with the passion, talent, and dedication of our members, the AAWD will reach new heights. Let us embrace the challenges and opportunities that come our way, standing united as a force for positive change.

In closing, I want to express my gratitude for the privilege of serving as your president. It is an honor to lead such a dynamic and inspiring group of women in dentistry. Here's to a year of growth, unity, and shared success. Wishing you all a happy and prosperous New Year!

AAWD EXTENDS THANKS TO OUR OUTGOING LEADERS!

Dr. Daphne Ferguson-Young 2020-2022 AAWD President

AAWD offers immense gratitude to Dr. Ferguson-Young for her leadership during the challenges of the past several years. She carried AAWD through COVID, stepped up to serve a second term during

a time of crisis, and remained a powerful presence through 2023 as Immediate Past President. Dr. Young brings passion and resilience to dentistry.

Click here to read the AAWD Resolution honoring Dr. Young Dr. Mary E. Martin 2019-2023 SFS President

AAWD and SFS extend heartfelt thanks to Dr. Mary E. Martin for her consistent leadership in both organizations. Dr. Martin is twice past president of AAWD and served as SFS President through the

end of 2023. Dr. Martin has given endless hours of her time to organized dentistry including the last few years guiding the SFS board during the turbulence of the pandemic.

Click here to read the AAWD Resolution honoring Dr. Martin



Dr. Josephine Carapezza 2023 Director of Member Engagement



Dr. Brittany McCrorey 2023 Director of Membership and Chapters



Brittany Gelhausen 2023 Student Representative

We want to celebrate YOU! Share your photo and information to be featured in the next issue by <u>clicking here</u> or emailing <u>lindsay.abeln@internationalamc.com</u>

A WORD FROM SMILES FOR SUCCESS

Care about someone and make a difference in their life and your life. Smiles for Success is the perfect avenue to make this happen. There is no denying that life is chaotic when you are pursuing your career, raising a family, and/or when you are dealing with personal issues. Look beyond that chaos and consider serving; you will find that serving will add to the richness of your life.

"No man can become rich without himself [herself] enriching others," said Andrew Carnegie. He was right. When you open your heart, your practice, and your skills to others, the satisfaction that comes from feeling needed and valued is priceless. There are countless women in community-based agencies in your area who need dental care so that they may enter the workforce with confidence. This will enable them to obtain employment and financial independence, truly life-changing events for these women.

"You can have anything you want in life if you find a way to help enough other people get what they want in life," said Zig Ziglar. Please consider helping the women in your community get the care they need. Reach out to Smiles for Success and the board for the way forward in your area. Encourage other AAWD members to join you. Together we can make a difference in someone's life. What could be better?

Dr. Stephanie Houseman AAWD President 2009 SFS Board Member



Click here to donate today! 🔫

SHEro Sanctuary

Your Mental Health Matters: Check-in with fellow members and support one another

A large amount of dentists say they have experienced mental health issues such as burnout, mood disorders, or serious thoughts of suicide. Now more than ever there is a need to de-stigmatize mental health issues and encourage awareness and support amongst each other. Now is the time to talk to one another about how you are feeling, take time for yourself, check in with a mentor, prioritize mental wellness, and take action to keep one another in good health.

Let's not let one another get too deep into mental unwellness that it is too hard to get out. Let's be there to talk about the uncomfortable things before they get too uncomfortable. It is time to make it ok to ask for help from those around you.

If we are not well, how can we help others?





(Nelcome hew Members)

AAWD is Growing! Say hello to our newest members!



Brenda Acosta **Jennifer Mata** Shilpa Chandiwal Rachel Schick Rebecca Edwards Alexandra Saab Davin Hong Erin Ford Gabriela Cavinta Rachel Martocchio Svadhi Prasad Taya Sosa Victoria Weir Yana Andreikina Yasmine Garadah Lauren Fuller Spencer Gallant Cannon Johnson Kelsey Sweeney

Evelyn Gu Katherine Brice Anne Marie Lee Allyson Donberger Katherine Buscemi Ioleen Fahmy Brianna Garcia Rewa Hazim Bolutife Baiyewu Imani Armour Sharon Lahijani Isabel Zats **Queen Ralph** Brenda Andrade Kelly Zhang Alex Hegerly Camille Alexander Rebecca Lopez Abha Patkar

Harini Ganesh Avani Patel Chaitali Vakharia Arti Patel Ava Brucci Ellen Grosser Emilee Adams Erin Meyer Abigail Thompson Tess Foote Caitlin Ye Olivia Dwyer Juliet Arzumanyan Lindsay Caudell Lucy Rubenstein Mallory Housman **Molly Mines** Molly Smith Elizabeth Montgomery

Natalia Martinez Olivia Baskind Mailis Soler Shihua Xue Kimberly Ruiz **Brooke Stevens** Tara Boroumand Archana Avhale

Oluwakemi Sodipe Sheld'onia Evans

Save the Date



The Return of the AAWD **Annual Conference!**

September 26 - 29, 2024 Baltimore, MD

Click Here to Learn More!

Mpcoming Events

<u>January</u>

23: AAWD Listening Session

February

9: Toothache Day

27: AAWD Educational Webinar

28: Tooth Fairy Day

March **Women's History** Month

Weekly Events: Details **Coming Soon!**

We want to hear from you! What events would you like to see **AAWD host? Click** here to share your feedback!

Want to be featured or recommend someone as the next member or chapter spotlight? Click here to submit to the next edition!

Promote the Future of Women in Dentistry



CLICK HERE TO DONATE TODAY!

















THE NEW AAWD MEMBER PORTAL

is here!

As mentioned in the Shero Sanctuary, reaching out to friends and support networks is essential for mental health and self-care. The new AAWD Member Portal offers another avenue to reach out to fellow AAWD members to seek support, bounce ideas, or even just vent your frustrations with women who likely share many of your experiences and challenges as women in dentistry.

If you haven't done so already, please make sure to create your account in the new portal by <u>clicking here</u>. Once you create your account, make sure to download the MemberPlus app to have access to the portal on the go (Download from the iTunes store here - <u>MembersPlus iOS version</u>. NOTE: iOS 10 (or higher) are supported; download from the Google Play store here - <u>MemberPlus Android</u> version).

Once you access your portal, make sure to update your directory listing with your most updated contact information (and add some photos and a bio so other members can get to know you!) and explore the Active Member Directory.

We want your feedback! Do you have questions or concerns about the new portal? <u>Click here</u> to share your feedback! This link is also available in the portal in the left menu.



AAWD MEMBER PORTAL TIP: ADD YOUR SOCIALS TO YOUR DIRECTORY LISTING!

- 1. Click My Directory Listing from the left menu in your portal
- 2. Click the plus sign next to contact info
- 3. Paste the URL to your social page (FB, IG, or LI) into the "Phone, Email, or Website" field (e.g., the AAWD Instagram URL is https://www.instagram.com/womendentists/)
- 4. Change the "Type" field to "Social Site"
- 5. Click Done! Now your social page will display as an icon on your directory listing!