APRIL 2024, VOLUME 19, ISSUE 04

тне CHRONICLE MONTHLY

THE OFFICIAL PUBLICATION OF THE AMERICAN ASSOCIATION OF WOMEN DENTISTS



Meet the 2024 AAWD Board of Directors.



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Dr. Brandi Hair Director of Membership and Chapters





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Dr. Vasiliki Maseli Director of Member **Benefits**



Dr. Sonali Demla Director of Member Engagement



Dr. Samantha Parad Director of Corporate Relations





Sarah Sveen Student Representative

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Don't miss it! look for me 👗 to find clickable links throughout the chronicle!



AAWD Awards: Nominations are now open!

As anticipation builds for our upcoming annual conference, attendees have more than just enlightening sessions and networking opportunities to look forward to. Each year, our conference honors outstanding individuals and Student Chapters within our community through a series of prestigious awards. These awards celebrate excellence, innovation, and dedication across various aspects of our industry, inspiring all attendees to strive for greatness and recognize those who have made significant contributions.

Student Chapter of the Year Award

This award recognizes a Student Chapter in good standing with AAWD that has collectively demonstrated support for the AAWD mission and has participated in oral health research targeting women's issues, community service activities, fundraising campaigns, and chapter activities/events.

Click here to nominate a member!

Student Leader of the Year Award

This award recognizes the student that is a member in good standing (i.e. a member of AAWD national) who has demonstrated an outstanding and unique leadership style throughout the year that has positively impacted her chapter and AAWD; supported the AAWD mission; and participated in oral health research targeting women issues, a variety of community service activities, several fundraising campaigns, and numerous chapter activities/events.

Lucy Hobbs Taylor Award

Click here to nominate a member!

This award is the highest award at AAWD. To be nominated for this award one must be an example of true professionalism and has a record of accomplishments in one or more areas of dentistry, has a record of at least 10 years of membership with AAWD, been a licensed dentist for 20+ years and has a record of mentoring women dentists.

Click here to nominate a member!

Mary E . Martin Volunteerism Award

This recognizes a practicing dentist or dental faculty member who has demonstrated exceptional commitment to volunteerism, specifically in improving access to dental care for underserved communities. This award celebrates those who not only provide care but also inspire others in the dental profession to give back to their communities

Click here to nominate a member!

Dental Editor's University | May 2-3 at AAOMS' Laskin Institute in Rosemont, IL.

Jasmine Shafagh, DMD, MBS | Associate Editor-PDJ, Vice President-AADEJ

As you may have seen recently in the ADA news, <u>https://adanews.ada.org/ada-news/2024/march/register-for-dental-editors-university/</u>, ADA has a wonderful opportunity to attend the AADEJ's Dental Editor's University from May 2-3rd at AAOMS' Laskin Institute in Rosemont, IL.

Please take a moment to review the <u>event brochure</u>, which outlines the opportunity for dental editors, leaders, volunteers and staff to glean insights from our panel of experts on topics from artificial intelligence (AI) to podcasting, publishing and social media. You can earn 11 CEs, which can go towards earning your new title of Certified Dental Editor!

Leaders understand the critical role of effective communication in advocacy, motivation, recruitment and member retention. This conference provides the skills to craft impactful messages and promote translating the best evidence into clinical practice.

Please help spread the word within your community and encourage other leaders to attend this event to enable effective communication in our profession. This is an opportunity to gain knowledge you can implement immediately in your professional and personal life.

Please consider registering today at: <u>https://www.aadej.org/deu</u> I truly hope to connect with you soon at DEU!

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AAWD + AMWA: Breath Easy, Sleep Sound: Dentists & Doctors Partnering Against Sleep Apnea

The prevalence of sleep apnea today requires comprehensive patient care and interdisciplinary collaboration. The American Association of Women Dentists (AAWD) and the American Medical Women's Association (AMWA) invite you to a webinar focused on the critical role of screening for obstructive sleep apnea. Learn how dentists and physicians can join forces to tackle this health concern in our communities.

Learning Objectives:

- Understanding Sleep Apnea: Gain a foundational understanding of what sleep apnea is, its symptoms, and why it's a concern in today's health landscape.
- Screening for Success: Learn essential tools and protocols for effectively screening your patients for sleep apnea.
- Interprofessional Collaboration: Learn how to initiate, develop, and nurture collaborative relationships between dentists and physicians to provide a holistic care approach to managing sleep apnea.
- Oral Appliance Therapy: Explore the benefits and applications of oral appliances as a viable treatment option for patients who have mild to moderate sleep apnea or are unable to use CPAP machines.



About our Speakers:

Dr. Tanya L. DeSanto, DDS, D.ABDSM, is a distinguished dental sleep medicine specialist with over 30 years of experience, currently serving as the Dental Director for Prairie Sleep Center and an adjunct faculty member at Southern Illinois University School of Medicine. She is well-known for her contributions to dental sleep medicine, including lecturing, mentoring, and her role as a Diplomate of the American Academy of Dental Sleep Medicine.

Dr. Nathalie Foray, MS, DO, an Assistant Professor of Clinical Internal Medicine at Southern Illinois University School of Medicine, is triple board-certified in Internal Medicine, Pulmonary Medicine, and Critical Care Medicine, with special interests in Cystic Fibrosis and graduate medical education.

Why Attend?

This webinar is not just about understanding sleep apnea but about breaking down the silos between dental and medical professionals to forge a unified front against this condition. By attending, you'll not only enhance your knowledge and skills in managing sleep apnea but also learn how to leverage the strengths of both fields to provide superior patient care. Dentist attendees will earn 1 CE*

*AAWD is an Approved AGD-PACE Provider

Boston University Student Chapter Hosts annual Spring Brunch



The BU AAWD chapter is hosting its annual Spring Brunch on Sunday, April 28th, 2024, from 10:30AM to 1:20PM at Henry M. Goldman School of Dental Medicine.

There is a nominal registration fee, which will support our outreach partners, including Smiles for Success. AAWD members in the Boston area can register for the event <u>here</u>:

Additionally, we will be accepting donations for Rosie's Place. Please refer to <u>their</u> <u>wishlist</u> and consider bringing one or more items to contribute to our donation box for Rosie's Place.

We look forward to growing our network and see all of you there. We are fortunate to have faculty members at BU who serve on both the AAWD board and the Smiles for Success board. We look forward to introducing our faculty and student leaders and take this amazing opportunity to network with all of you.

Teresa Reis (TeReis@bu.edu) Boston University AAWD Chapter's President '23-'24

Welcome New Members!

AAWD is Growing! Say hello to our newest members!

Carolina L Zilli Vieira Sapna Nath Kim Ahuja Tiffany Snadowsky Anastasiya Shypitsa Patricia Medrado Dayane Oliveira Ashley Bledsoe Cook Martha Mutis

2024 AND Annual Conference

Innovate, Inspire, Impact: Women Dentists in the Digital Era

Register Today!



September 26-29, 2024 | Baltimore, MD Shero Sanctuary

Embrace Wellness: Celebrating National Smile Month

As we immerse ourselves in the vibrant spirit of National Smile Month, it's the perfect time to reflect on the profound connection between our smiles and our overall well-being. This annual observance, which takes place each May and June, serves as a joyful reminder of the transformative power of a simple smile. **1. A Beacon of Positivity:** A smile is more than just a facial expression—it's a reflection of our inner joy and positivity. Research has shown that the act of smiling can trigger the release of endorphins, neurotransmitters that promote feelings of happiness and reduce stress levels. By embracing a smile, we can cultivate a more optimistic outlook on life and enhance our overall sense of well-being. **2. Boosting Immune Function:** Believe it or not, smiling can actually have a positive impact on our physical health as well. Studies have suggested that smiling can strengthen the immune system by reducing stress levels and promoting relaxation. By incorporating smiles into our daily lives, we may bolster our body's natural defenses and enhance our resilience against illness and disease. **3. Cultivating Self-Confidence:** Our smiles are a reflection of our inner confidence and self-assurance. When we feel good about ourselves, it radiates outward in the form of a genuine, radiant smile. By practicing self-care, embracing our unique qualities, and prioritizing our mental and emotional wellbeing, we can cultivate the self-confidence needed to smile brightly and authentically. As we calchrete the stelf-confidence needed to smile brightly and authentically.

As we celebrate National Smile Month, let us embrace the profound impact of our smiles on our own wellbeing and the world around us.

Want to be featured or recommend someone as the next member or chapter spotlight? <u>Click here to submit to the next</u> <u>edition!</u>



<u> SLICK HERE TO DONATE TODAYI</u>



<u>M a y</u> Mental Health Awareness Month

01: AAWD + AWMA
Educational Webinar
6-10: Root Canal
Awareness Week
08: National
Receptionist Day
17: Start of National
Smile Month

<u>JUNE</u>

Pride Month

2: I Love My Dentist Day
17: End of National
Smile Month
19: Juneteenth
26: National
Toothbrush Day

We want to hear from you! What events would you like to see AAWD host?<u>Click here to</u> <u>share your feedback!</u> Looking to shop? Check out our preferred vendors!















THE NEW AAWD MEMBER PORTAL

Stay informed about AAWD event opportunities!

In our ever-evolving dental landscape, continuous learning and networking are paramount to professional growth. AAWD's educational webinars and listening sessions are great opportunities to support your growth!

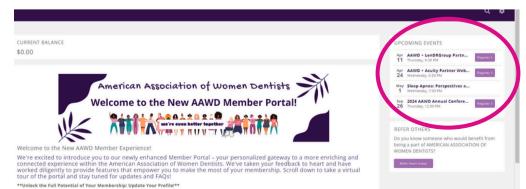
These events offer invaluable opportunities to engage with industry experts and fellow members, whether you're seeking mentorship, sharing your expertise, or expanding your dental toolkit. Mark your calendars and stay tuned for updates on upcoming events, publicized on the AAWD event calendar on our website and within the member portal (see below).

Best of all, these events are FREE for all AAWD national members, enhancing your professional journey with exclusive benefits. Join us as we delve into diverse topics, exchange ideas, and strengthen our collective expertise. Don't miss out on these opportunities to thrive in the dynamic world of dentistry!

P.S. Have a topic you're passionate about or eager to learn more about? Reach out to us with your suggestions for future webinar and listening session topics!

- <u>Click here</u> to submit a proposal to present a future AAWD webinar.
- <u>Click here</u> to share your feedback and suggestions!

Your input shapes our programming to better serve our members' needs.



Your profile is your digital identity within our community, and now, you have the opportunity to make it truly shine! Share your dental journey in your bio, add your headshot, and connect with fellow women dentists by including your social media handles. By updating your profile, you'll not only enhance your own experience but loc northorise to the durant partners of a AMM.

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