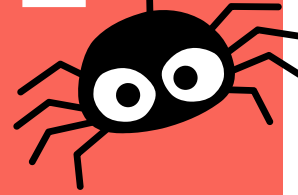


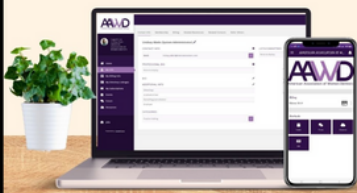
THE CHRONICLE MONTHLY



THE OFFICIAL PUBLICATION OF THE AMERICAN ASSOCIATION OF WOMEN DENTISTS

highlights

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AAWD Mentorship Program Applications are Open!



AAWD
In October,
We wear Pink



BREAST CANCER AWARENESS MONTH

Tag @aawd1921 on your posts wearing your pink!
#aawdbettertogether

@womendentists

From Nursing to Dentistry: Dr. Sam's Journey in Academic Leadership

By: Tawana K. Ware, DDS, MSD, FACD, FICD

Samantha Parad, DMD, RN, serves as Assistant Professor in the Division of Medically Complex Patient Management, Dept. of Comprehensive Care at Tufts University SOD. Her inspiring journey from nursing to dentistry has led to her recent selection as the inaugural recipient of the ADEA/GHMF/AAWD Woman Dentist Tuition Scholarship for Professional Development. This prestigious award enabled Dr. Parad to attend the ADEA Emerging Leaders Program, further solidifying her position as a rising star in dental academia.

The Scholarship and Program

The scholarship, sponsored by the Gillette Hayden Memorial Foundation (GHMF) on behalf of AAWD, supports the future of women dentist leadership in AAWD and the dental profession. The GHMF, established in 1930 to honor Dr. Gillette Hayden, has a rich history of supporting women in dentistry.

The ADEA Emerging Leaders Program is designed to provide promising early-career faculty with the guidance, insight, and skills needed to build an academic career. This year-long program includes an intensive meeting where fellows engage with senior leaders in dental education, followed by ongoing interactions with peer groups and advisors to develop research projects on emerging trends in academic dentistry.

A Multifaceted Background

Growing up outside of Boston, Dr. Parad, initially pursued a nursing degree at the University of Pennsylvania. During undergrad, she volunteered on Penn's mobile dental bus, which sparked her interest in dentistry. After working as a nurse for two years, she decided to switch gears and apply to dental school.

Dr. Parad's path to dentistry was unconventional. She took advantage of a unique program at Tufts that allowed her to apply to dental school before completing all the prereqs. This opportunity, coupled with her nursing experience and her family's dental practice, solidified her decision to pursue dentistry.

Transitioning to Academia

After graduating from dental school in 2020, Dr. Parad completed a GPR at Massachusetts General Hospital through Harvard's program. This experience reignited her interest in academia and led her to accept a faculty position at Tufts in July 2022. As the youngest faculty member in her division, Dr. Parad found herself navigating the complex world of dental education.



continued on next page



"I didn't know really what direction to go in because I wanted to stay connected to all the different parts of dentistry," she recalls. Her role at Tufts allows her to blend her nursing background with her dental expertise, particularly in the care of medically complex patients.

The ADEA Emerging Leaders Program Experience

Dr. Parad describes the program as eye-opening: "I think it was realizing how much I didn't even know about my position or what I could do or the potential possibilities." The program covered various topics, including personality types in leadership, difficult conversations, and career advancement strategies. One of the most valuable aspects of the program for Dr. Parad was the opportunity to connect with peers from dental schools across the country. "It was nice to see how they problem-solve something else, and I could bring it back to my university," she notes.

Looking to the Future

Participating in the ADEA Emerging Leaders Program has already had a significant impact on Dr. Parad's career trajectory. She has taken on new leadership roles, including serving as the Director of Corporate Relations for AAWD and joining the board of her State Dental Society. Looking ahead, Dr. Parad, aspires to move into higher leadership positions within academia, potentially as a division head or department chair. She is also excited about expanding her research portfolio, with a current project focusing on the accuracy of AI in dental diagnosis.

Dr. Parad's journey from nursing to dentistry, and now to dental education leadership, serves as an inspiration for young professionals in the field. Her story highlights the importance of pursuing opportunities, embracing diverse experiences, and continuously seeking growth in one's career. As she continues to develop her skills and contribute to dental education, Dr. Parad remains grateful for the support she has received. "I felt so lucky and fortunate to have that experience," she says of the ADEA program. With her dedication and newfound leadership skills, Dr. Parad is poised to make significant contributions to the future of dental education.

Opportunity for Others

[The ADEA/Gillette Hayden Memorial Foundation/AAWD Woman Dentist Tuition Scholarship for Professional Development](#) continues to be available for other aspiring women leaders in dental education. This scholarship supports professional development activities for women dentist faculty in the early stages of their careers (up to three years of experience). It is designed to promote the advancement of women dentists who have demonstrated leadership potential in academia.

Participation in the ADEA Emerging Leaders Program, supported by this scholarship, is designed to improve attendees' teaching abilities, increase their leadership skills, and advance their understanding and mastery of other elements critical for a successful academic career. Women dentists interested in this opportunity are encouraged to apply and take the next step in their leadership journey. The 2025-26 ADEA Emerging Leaders Program will be held in July 2025, at the ADEA office in Washington, DC.

In October, We Wear Pink

As women dentists, we understand the importance of early detection and regular screenings, not only for our patients but also for ourselves. October is Breast Cancer Awareness Month, a time to remind women everywhere of the critical need for routine check-ups and self-exams. This year, AAWD is proud to support the cause with our 'In October, We Wear Pink' campaign. We invite you to wear pink and tag [**@aawd1921**](#) in your social media posts as a sign of solidarity and support for those affected by breast cancer. Together, we can raise awareness and continue promoting a culture of health and prevention—one that extends beyond the dental chair. Join us in making a difference this October!



SFS at the Association of Dental Management Consultants 2024

We are thrilled to share that Smiles for Success (SFS) was honored at the recent Association of Dental Management Consultants (ADMC) conference in early October. During the event, ADMC hosted a silent raffle, with proceeds generously donated to SFS, supporting the SFS mission to provide dental care to women in workforce reentry programs. A special thanks to Paula Vogel, SFS Director of Corporate Relations, who attended the event and helped raise awareness of the program.

We would also like to extend our gratitude to V Coterie, a STEM-themed jewelry company founded by a fellow woman dentist, for their generous donation of items to the raffle. Their support is helping SFS continue to change lives, one smile at a time. For more information on V Coterie and their beautiful jewelry, please turn to the last page of this newsletter! SFS is always in need of donors and volunteers! [Click here to help!](#)



AAWD Student Chapters in Action



Midwestern IL



UCSF



U Kentucky



U Maryland



BU



UTHSC



Detroit Mercy

AAWD at SmileCon 2024 and ADEA Fall Meeting

AAWD members had the chance to meet up at SmileCon 2024 in New Orleans for an informal gathering filled with great conversations and networking opportunities. Hosted by AAWD President Dr. Isabel Rambob, Secretary/Treasurer Dr. Ambika Srivastava, and Director of Membership and Chapters Dr. Brandi Hair, the event brought together women dentists from across the country, fostering a sense of community and support. Attendees shared their experiences and connected over a shared passion for advancing women in the field. Dr. Rambob then jet-setted to Coronado, CA, for the 2024 ADEA Fall Meeting, where she and Director of Academic Affairs, Dr. Afsheen Lakhani, connected with fellow women dental academicians. We were thrilled to see such enthusiasm and camaraderie among our members, and we look forward to more opportunities to connect!



AAWD Presidents (L to R): Dr. Janet Rice, 1997; Dr. Tamara Berg, 2018; Dr. Isabel Rambob, 2023-2024; Dr. Sandra Harris, 2006; Dr. Margaret Scarlett, 2002

Advancing, Connecting, and Enriching the Lives of Women Dentists

AAWD Board Members (L to R): Dr. Brandi Hair, Dir. Membership & Chapters; Dr. Isabel Rambob, President; Dr. Ambika Srivastava, Secretary/Treasurer



AAWD Member Spotlights

Dr. Hiroe Ohyama Named Associate Editor of the JDE

The American Dental Education Association (ADEA) has named Hiroe Ohyama, D.D.S., D.M.D., M.Sc., Ph.D., as an Associate Editor of the Journal of Dental Education (JDE), ADEA's monthly peer-reviewed scholarly journal.

"Dr. Ohyama has been an excellent reviewer and frequent publisher in the JDE for some time now," said Romesh P. Nalliah, D.D.S., M.H.C.M., Associate Editor of the JDE. "Her cheerful smile brought many laughs to the JDE Editorial Board when she served... Since 2019, submissions to JDE have almost doubled, and adding another Associate Editor is a terrific sign of growth and expansion of the popularity and influence of the JDE."

Dr. Ohyama is a dedicated educator and an accomplished clinician-scientist, serving as a role model in both domains. She has received numerous awards for her excellence in research, teaching, and patient care, including the HSDM Distinguished Junior Faculty Award, the HSDM Outstanding Faculty Award, and the Excellence in Cosmetic Dentistry Award.



[Click here to read the full press release](#)

Dr. Tamara S. Berg elected ADA second vice president

Tamara S. Berg, D.D.S., from Yukon, Oklahoma, was voted ADA second vice president by the House of Delegates Oct. 22 in New Orleans.



Dr. Berg served on the ADA Council on Membership from 2019-22 and was president of AAWD in 2018 and the Oklahoma Dental Association in 2010.

In her campaign statement, Dr. Berg said she wants to grow and enhance the ADA's member value proposition. "Being in private practice dentistry myself for more than 30 years, I have witnessed first-hand the challenges and opportunities within the field," Dr. Berg wrote. "I've experienced the same staffing and insurance issues you have, and we must collaborate to find innovative and sustainable solutions that improve the patient experience and help us be more successful on every level."



Dr. Roya Zandparsa appointed to Medical/Science Board of InnoTech Precision Medicine

Dr. Roya Zandparsa, AAWD President-Elect, has been appointed to serve on the Medical/Science Board of InnoTech Precision Medicine, a cutting-edge company revolutionizing cancer detection. In this role, I will support their leadership team in developing a groundbreaking technology that enables the detection of Oropharyngeal Cancer through a simple saliva test in dental offices within just 30 minutes.

InnoTech Precision Medicine is leading the way in technological advancement with its patented platform for multiplexing both genotypic and phenotypic biomarker detection using microfluidic cartridges.

Their primary focus is the Recognize™-OPSCC test, a multiomics diagnostic platform designed to improve early detection of HPV-driven oropharyngeal squamous cell carcinoma (OPSCC).



Shape the Future: Join the AAWD Bridge to Brilliance Mentorship Program Today!

This fall, AAWD is launching the Bridge to Brilliance Mentorship Program, and we invite you to be part of the inaugural group. Whether you're a student or early career dentist seeking guidance, or a seasoned professional eager to mentor, this pilot program offers unique one-on-one connections. Join us as we shape the future of dentistry—sign up today to gain valuable insights or to share your expertise with the next generation.

[Click Here to Complete the Bridge to Brilliance Interest Form!](#)

Welcome New Members!

AAWD is Growing! Say hello to our newest members!

Fatemeh Razfar

Dr. Bhakti Desai

Dr. Whitney Mumma

Dr. Esther Adede

Melina Truong

Dr. Mary Temple-Goins

Connie Lin

Dr. Ashla Martin

Jaya Sharma

Dr. Yanina Jouzy

Jenis Feldhake

Stacy Lam

Upcoming Events

November

TMJ Awareness Month

Mouth Cancer Awareness Month

1: National Brush Day

6: AAWD Webinar: TMJ Awareness

14: World Diabetes Day

December

3: Giving Tuesday

10: Human Rights Day

TBA: AAWD Member Meeting

25: Christmas

We want to hear from you! What events would you like to see AAWD host? [Click here to share your feedback!](#)

Double, Double, not Toil nor Trouble Halloween Smoothie

This Halloween, celebrate the power of women dentists with a nutritious and delicious smoothie! Packed with ingredients to fuel your body and mind, it's the perfect way to treat yourself during the busy season.

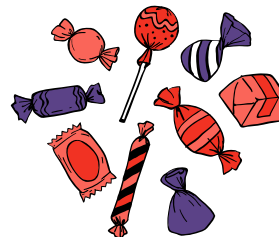
Ingredients:

- 1 cup spinach (for a vibrant foundation—just like AAWD’s community!)
- 1 frozen banana (for natural sweetness and energy)
- 1/2 cup frozen mixed berries (a mix of strength and wisdom)
- 1 tablespoon chia seeds (to keep you grounded, even on spooky days)
- 1/2 teaspoon spirulina powder (optional, for an extra green ‘witchy’ touch)
- 1 cup almond milk (or any milk of your choice)
- A dash of cinnamon (for a little autumn magic)

Instructions:

1. Place all ingredients in a blender.
2. Blend until smooth, adjusting the milk for desired consistency.
3. Pour into your favorite glass or spooky cup, and enjoy your brew knowing it’s packed with the nutrients you need to keep conquering your day—whether you're at the office or with your family.

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OR
TREAT**



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MEMBER BENEFIT

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