

THE CHRONICLE MONTHLY

THE OFFICIAL PUBLICATION OF THE
AMERICAN ASSOCIATION OF WOMEN DENTISTS

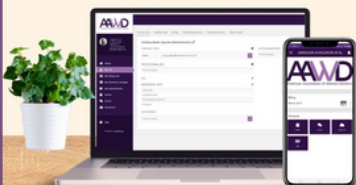
highlights

MERRY
CHRISTMAS
AND HAPPY NEW YEAR



REMINDER:
YOU ARE THE
CREATOR OF
YOUR OWN
DESTINY!

Visit our
platform



We will be going live on December 11



@womendentists

Celebrating Our Achievements, Charting New Horizons

As we approach the close of 2024, I'm proud to reflect on the remarkable strides we've made as an association. Together, we have celebrated achievements, launched new initiatives, and reaffirmed our commitment to advancing, connecting, and enriching the lives of women dentists.

In this month's newsletter, you'll find highlights from our recent Listening Session where we engaged with members to celebrate successes, share updates, and collect feedback. I want to personally thank each of you who contributed your thoughts, ideas, and enthusiasm. Your voices will help shape AAWD's future as we prepare for an exciting year ahead.

Some key accomplishments include

- The launch of our new **Member Portal**, creating opportunities for connection and professional growth.
- **Engaging webinars and listening sessions** like the Women's History Month webinar series, the joint Sleep Apnea webinar with AMWA, and more.
- Development of the **Bridge to Brilliance Mentorship Program**, designed to foster meaningful relationships among our members: pilot cohort launching in January!
- Approval of a new **Pre-Dental Student Membership** level, strengthening our pipeline of future women leaders in dentistry.

We also honored outstanding contributions within our community during the AAWD Awards Program, celebrating inspiring leaders and student chapters who embody our mission.

Looking ahead to 2025, we remain committed to enhancing member benefits, fostering mentorship opportunities, and developing resources to meet the evolving needs of women dentists at every stage of their careers.

Thank you for your dedication, resilience, and support of AAWD's mission. Together, we are advancing dentistry, supporting each other, and creating a future where every woman in dentistry has the tools and community she needs to thrive.

Wishing you all a joyful and restful holiday season!

Lindsay Abeln, MOL
Executive Director



AAWD 2024



· Celebrating Achievements,
Charting New Horizons

Thank you to everyone who joined our recent Listening Session: Celebrating Achievements, Charting New Horizons! Together, we reflected on AAWD's successes, shared ideas, and explored opportunities to strengthen our community of women dentists. Click below to watch the recording. We also want to hear from you! Share your thoughts in our [Member Feedback Survey](#).

[Watch the Listening Session](#) 

2024 Lucy Hobbs Taylor Award Winner

Dr. Shelia Price



The Lucy Hobbs Taylor Award, AAWD's highest honor, celebrates women who inspire and advance the profession of dentistry. This year's recipient, Dr. Shelia S. Price, embodies these values through her groundbreaking achievements as an educator, mentor, and advocate.

From the first African American woman dental graduate at West Virginia University (WVU) to instructor to the first woman dentist to ascend to full professor at WVU, Dr. Price has been a trailblazer throughout her career. Her leadership as Associate Dean for Admissions has opened doors for underrepresented students, and her revival of WVU's AAWD student chapter reflects her passion for empowering future women dentists.

Dr. Price's co-authorship of *Undaunted Trail Blazers* highlights the impact of women of color in oral health, underscoring her commitment to equity and representation. Through her mentorship, service, and advocacy, Dr. Price has transformed lives and continues to inspire generations to dream bigger and achieve more.

Dr. Price's extraordinary legacy of service, leadership, and advocacy embodies the highest ideals of the Lucy Hobbs Taylor Award. She continues to inspire generations of women dentists to achieve their full potential and make meaningful impacts in their communities.

2024 Mary E Martin Volunteerism Award Winner

Dr. Maria Maranga

Dr. Maria Maranga's lifelong commitment to service and mentorship embodies the spirit of the Mary E. Martin Volunteerism Award. A leader in organized dentistry and community outreach, Dr. Maranga has made a profound impact through initiatives like free dental care for veterans and diversity programs promoting equity in the profession. Her dedication to giving back inspires all of us to serve our communities with compassion and purpose.



2023 - 2024 Student Leader of the Year



Aisha Daigle

Achievements and Contributions:

- Community Outreach Chair and incoming President for BUAWD, leading impactful initiatives such as monthly dental screenings at Rosie's Place.
- Coordinated BUAWD's donation of dental instruments to Smiles for Success.
- Inspired peers through dedication to service and mentorship.

"AAWD has been a great way to connect with strong and mindful women striving for our well-being and success in dentistry while giving back to our community." ~Aisha

2023 - 2024 Student Chapter of the Year

Boston University

2023 - 2024 Highlights:

- Valentines Candy Gram Fundraiser.
- Annual Spring Brunch featuring 4 guest speakers.
- Monthly oral screenings for underserved women at Rosie's Place.
- Participation in the Jimmy Fund Walk.
- Donations of dental instruments to Smiles for Success and hygiene items to Rosie's Place.



AAWD Members Shine at ADA Institute for Diversity in Leadership



Established in 2002, the ADA's Institute for Diversity in Leadership (IDL) continues to foster future leaders in dentistry, reflecting the diverse communities it serves. This month, IDL celebrated the graduation of the 2023-2024 cohort and welcomed the 2024-2025 participants. AAWD is proud to have members represented in both groups, showcasing their commitment to advancing leadership, diversity, and advocacy within the profession.

The 23-24 cohort included AAWD President Dr. Isabel Rambob and Dr. Chineze Enwonwu, SFS Grant Writing Chair.

The 24-25 cohort includes Dr. Sonali Demla, AAWD Dir. of Member Engagement; Dr. Ambika Srivastava, AAWD Secretary/Treasurer; Dr. Martha Mutis; and Dr. Hiroe Ohyama. This year also marked the first time pre-doctoral students were invited to participate, and Serena Stevens, of Tufts University, was proudly nominated by AAWD. Serena reflected on her experience: "I am honored to be part of this transformative program, learning about leadership, diversity, and mentorship alongside incredible dental professionals."

AAWD celebrates the accomplishments of its members in the IDL program and looks forward to the lasting impact they will continue to make in the dental profession and beyond.

GHMF Practice Management Scholarship for New Women Dental Practice Owners



2024 GHMF Scholarship Winner

Dr. Mary Temple-Goins

It is an honor and a privilege to introduce to you the 2024 GHMF Practice Management Scholarship winner, Dr. Mary Temple-Goins, a 2020 graduate of the University of Oklahoma College of Dentistry. I have known Dr. Temple-Goins since she was a dental student and have watched her career blossom in the state of Oklahoma.

As a winner of the scholarship, Dr. Temple-Goins will receive eight consulting sessions with Shelly V. Short of ZUMWOHL Consulting Services. Ms. Short has been in the dental field for more than 35 years and has consulted and coached since 1996. Prior to owning her own company, she worked for an international practice management company. She now consults extensively in the United States, but has also consulted in the U.K., Denmark, Switzerland and Italy.



Now, to tell you a little more about Mary Temple-Goins. She grew up in a family with little dental knowledge and soon had to visit a dentist in an uncomfortable setting. Dr. Temple-Goins admits to being that patient that we all have in our chair occasionally, biting our fingers and fighting us to get out! Fortunately, her mother did not stop with one bad visit, but found a female dentist who knew all the magic words and tricks to calm this little tiger. Soon after her second visit, Dr. Temple-Goins was hooked on actually liking the dentist and going for a visit.

Dr. Goins purchased her first practice, Wynnewood Family Dental, one year ago in Wynnewood, OK. She has witnessed Oklahoma's large population that has little or no access to dental care, resulting in limited dental knowledge. This poor dental IQ and lack of access to care is a driving force behind Dr. Temple-Goins' passion for serving the people in rural Oklahoma. As we who have been in practice for several years know, it is easy for a new practice owner with a heavy load and a lot of passion to burn out too quickly without the right tools and the right coach. Dr. Temple-Goins will definitely flourish under the advising and guidance of ZumWohl Consulting.

Dr. Temple-Goins lives in beautiful rural Oklahoma with her husband Michael and little boy Jamey. She is very active in the community in which she practices dentistry and loves being a part of each and every celebration.

For those of you not familiar with the Gillette Hayden Memorial Foundation, it was founded in 1921 to honor Dr. Gillette Hayden, one of our earliest leaders, who has been called the "soul" of AAWD. Please take a few minutes to read about this great woman and to [donate to GHMF](#) so that our scholarships can continue.



Mary E. Martin, DDS, M.Ed



Welcome New Members!

**AAWD is Growing! Say
hello to our newest members!**

Dr. Khara Gresham

Dr. Elaine Smyth

Dr. Lauren Yap

Pallavi Goel

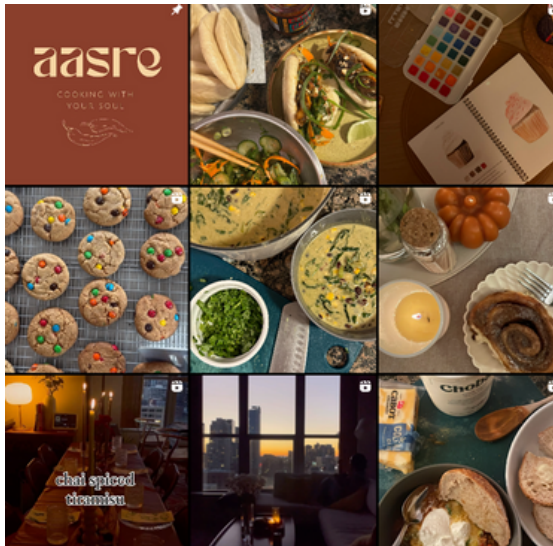
Dr. Karina Elizabeth Viteri Andrade

Member Spotlight: Dr. Bhakti Desai and AASRE – Cooking with Your Soul

AAWD is thrilled to spotlight Dr. Bhakti Desai, who is growing her food blog, AASRE: Cooking with Your Soul. Inspired by her childhood memories of learning cultural traditions in the kitchen with her mother, Dr. B shares recipes and stories that celebrate flavor and heritage.

She explains the blog's name: "Our mum would often tell us to use 'aasre,' or approximately, when cooking. This taught us to guess, check, and let our soul guide the flavors. Now, I hope to inspire others to cook with their hearts and connect with their roots."

Explore her soulful recipes and culinary journey at [@aasre](https://www.aasre.com).



Wellness Tip: Feed Your Soul Through Hobbies

Spending time on hobbies, like cooking, can be a powerful form of self-care. Creative outlets help reduce stress, foster mindfulness, and bring joy to your daily life.

This month, take inspiration from Dr. Desai's passion for cooking and carve out time for a hobby you love. Whether it's cooking, painting, or gardening, nurturing your creative side can bring balance and energy to your busy professional life.

Upcoming Events

January

National Mentoring Month
Launch of the AAWD Bridge to Brilliance Mentorship Program
1: Happy 2025!!!
11: International Thank You Day
15: Student Chapter Check-In Meeting

February

National Children's Dental Health Month
9: National Toothache Day
14: Valentine's Day
28: Tooth Fairy Day

We want to hear from you! What events would you like to see AAWD host? [Click here to share your feedback!](#)

Empowered Women Empower Women



[CLICK HERE TO DONATE TODAY!](#)

Promote the Future of Women in Dentistry



[CLICK HERE TO DONATE TODAY!](#)

Looking to shop?
Check out our
preferred vendors!

MEMBER BENEFIT

spotlight

BANK OF AMERICA

lenCRgroup
consulting

ADI AMERICAN
DENTAL
INSTITUTE

Juno Formerly
LeverEdge

**PROFESSIONAL
PROTECTOR PLAN®**
FOR DENTISTS



Acuity
NORTH AMERICA

Garfield Refining
Precious Metals Since 1892

SCIENCE, HONESTY & PURPOSE

IN EVERY THERABREATH™ RINSE

- ✓ Dentist formulated
- ✓ Free of alcohol, sulfates, and dyes
- ✓ Rinses for every need

JOIN FREE SAMPLE PROGRAM



TheraBreath™

Shape the Future: Join the AAWD Bridge to Brilliance Mentorship Program Today!

This fall, AAWD is launching the Bridge to Brilliance Mentorship Program, and we invite you to be part of the inaugural group. Whether you're a student or early career dentist seeking guidance, or a seasoned professional eager to mentor, this pilot program offers unique one-on-one connections. Join us as we shape the future of dentistry—sign up today to gain valuable insights or to share your expertise with the next generation.

**[Click Here to Complete the Bridge to Brilliance
Interest Form!](#)**